

ATHENIAN FOODS

Athenian Foods

PARTIALLY COOKED MOUSAKA

LAYERS OF POTATO AND EGGPLANT, FLAVORED WITH SEASONED GROUND BEEF SAUTEED WITH ONIONS AND TOMATOES, TOPPED WITH A CREAMY BECHAMEL SAUCE

SPECIFICATIONS:

ITEM NUMBER:	**004003 (4/6 LB TRAY)**
MEAT TYPE:	**GROUND BEEF**
PACK SIZE:	**4-6 LB TRAYS – TRAY NET WT. 6 LBS (2.72 KG)**
CASE SIZE:	**13in x 21in x 5in**
NET WT.:	**CASE = 24 LBS (10.90 KG) TRAY = 6 LBS (2.72 KG)**
SHIP WT.:	**25 LBS**
CUBE:	**.79 CU.FT.**
PALLET CAPACITY:	**7 x 10 = 70 CASES**

COOKING INSTRUCTIONS:

PREHEAT CONVECTION OVEN TO 375°F (400°F CONVENTIONAL OVEN). PLACE COVERED PRODUCT IN OVEN, COOK FOR 50 MINUTES. REMOVE FROM OVEN, CAREFULLY REMOVE LID AND SLICE INTO DESIRED PORTIONS. RETURN TO 375°F CONVECTION OVEN (400°F CONVENTIONAL OVEN) FOR 25 MINUTES OR UNTIL INTERNAL TEMPERATURE REACHES 170°F. LET STAND 15 MINUTES AT ROOM TEMPERATURE BEFORE SERVING.

IF COOKING FROM THAWED STATE, FOLLOW ABOVE INSTRUCTIONS, REDUCING COOKING TIME TO 1 HOUR. SLICE INTO DESIRED PORTIONS AFTER 30 MINUTES. SINCE OVEN TEMPERATURES MAY VARY, COOKING TIMES MAY REQUIRE ADJUSTING.

CONTAINS: MILK, WHEAT, EGGS, AND SOY.

SHIP:	**FROZEN**
STORAGE:	**FROZEN**
SHELF LIFE:	**REFRIGERATED: 14 DAYS FROZEN: 10 MONTHS**

LOT CODE SYSTEM: JULIAN CODE

THE FIRST TWO DIGITS OF THE CODE REPRESENT THE LAST TWO DIGITS OF THE YEAR THE PRODUCT WAS PROCESSED. THE NEXT THREE NUMBERS REPRESENT THE DAY OF THE YEAR THE PRODUCT WAS PROCESSED.

EXAMPLE: LOT CODE # 26238 = AUG 26, 2026

THE FIRST TWO NUMBERS “26” ARE THE LAST TWO DIGITS OF THE YEAR 2026. THE NEXT THREE NUMBERS “238” CORRESPOND TO AUGUST 26 BEING THE 238TH DAY OF THE YEAR IN ACCORDANCE WITH THE JULIAN CALENDAR.

Nutrition Facts

15 servings per container

Serving Size **6 oz (170g)**

Amount per serving

Calories **220**

	% Daily Value*
Total Fat 14g	18%
Saturated Fat 7g	33%
Trans Fat 0g	
Cholesterol 10mg	3%
Sodium 450mg	20%
Total Carbohydrate 18g	6%
Dietary Fiber 2g	8%
Total Sugars 4g	
Includes 0g Added Sugars	0%
Protein 8g	
Vitamin D 0mcg	0%
Calcium 120mg	10%
Iron 2.7mg	15%
Potassium 380mg	8%

*The % Daily Value tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

Calories per gram:

Fat 9 • Carbohydrate 4 • Protein 4

INGREDIENT STATEMENT:

WATER, POTATOES, EGGPLANT, DICED ONIONS, CAKE FLOUR (BLEACHED WHEAT FLOUR), TOMATO PASTE, BREADCRUMBS[FLOUR (UNBLEACHED WHEAT FLOUR, BARLEY MALT), WATER, YEAST, SALT, SUGAR], SOY PROTEIN ISOLATE*, ROMANO CHEESE (PASTEURIZED PART-SKIM COW’S MILK, CHEESE CULTURE, SALT, ENZYMES), POWDERED CELLULOSE (AN ANTI-CAKING AGENT), AND CALCIUM PROPIONATE (PRESERVATIVE) ,100 % CANOLA OIL , GROUND BEEF, LIQUID EGG YOLKS (PASTEURIZED FROZEN YOLKS) HIGH HEAT NONFAT DRY MILK, PALM-SOY AP SHORTENING (NON-HYDROGENATED PALM AND SOYBEAN OILS), BUTTER (CREAM AND SALT), BEEF FLAVOR BASE (SALT, HYDROLYZED SOY PROTEIN, BEEF FAT, DEXTROSE, MALTODEXTRIN, FOOD STARCH, DEHYDRATED ONION, CARAMEL COLOR, DEHYDRATED GARLIC, DISODIUM INOSINATE, DISODIUM GUANYLATE, AND SPICE EXTRACTS), SALT, BLACK PEPPER, DRY PARSLEY, CINNAMON, NUTMEG. *INGREDIENTS NOT FOUND IN REGULAR MOUSSAKA.

CONTAINS: MILK, WHEAT, EGGS AND SOY.