



Athenian Foods

SPINACH PUFFS 8.oz (SPANAKOPITA)

SPINACH PUFF PASTRY - A COMBINATION OF SPINACH, FETA CHEESE AND SPICES WRAPPED IN A FLAKY FILO DOUGH



SPECIFICATIONS:

ITEM NUMBER: 002101 (8.0z)
 MEAT TYPE: N/A
 PACK SIZE: 3 TRAYS OF 10-8 OZ PIECES

CASE SIZE: 13.5in x 18in x 4.25in
 NET WT.: 8 OZ – 15 LBS
 SHIP WT.: 8 OZ – 16.5 LBS
 CUBE: .60 CU.FT.
 PALLET CAPACITY: 70 CASES

INGREDIENT STATEMENT:

FILO (ENRICHED NON-BROMINE BLEACHED FLOUR [BLEACHED WHEAT FLOUR, NIACIN, IRON, THIAMIN MONONITRATE, RIBOFLAVIN, FOLIC ACID], WATER, CORN STARCH, DEXTROSE, MALTODEXTRIN, WHEAT GLUTEN, SALT, CANOLA OIL, PRESERVATIVES [CALCIUM AND/OR SODIUM PROPIONATE, POTASSIUM SORBATE])CHOPPED SPINACH, DICED ONIONS, FETA CHEESE (MADE FROM PASTEURIZED MILK, SALT, CHEESE CULTURE AND ENZYMES), VEGETABLE OIL (100% CANOLA OIL), PALM-SOY AP SHORTENING (NON-HYDROGENATED PALM AND SOYBEAN OILS), LIQUID WHOLE EGGS (CITRIC ACID ADDED TO PRESERVE COLOR), CAKE FLOUR (BLEACHED WHEAT FLOUR), BREADCRUMBS [FLOUR (UNBLEACHED WHEAT FLOUR, BARLEY MALT), WATER, YEAST, SALT, SUGAR], DILL, SALT, PARSLEY, BLACK PEPPER.

CONTAINS: MILK, WHEAT AND EGGS.

SHIP: **FROZEN**
 STORAGE: **FROZEN**
 SHELF LIFE: **FROZEN: 12 MONTHS**

LOT CODE SYSTEM: JULIAN CODE

THE FIRST FOUR DIGITS OF THE CODE WILL GIVE YOU THE DATE THE PRODUCT WAS MANUFACTURED. THE FIRST DIGIT REPRESENTS THE LAST DIGIT OF THE YEAR. THE NEXT THREE NUMBERS REPRESENT THE DAY OF THE YEAR.

EXAMPLE: LOT CODE # 25121 = MAY 01, 2025

THE FIRST NUMBERS "25" ARE THE LAST NUMBERS OF THE YEAR 2025. THE NEXT THREE NUMBERS "121" CORRESPONDS TO MAY 01 BEING THE 121 DAY OF THE YEAR.

Nutrition Facts

30 servings per container
Serving Size 8 oz (227g/8 oz)

Amount per serving
Calories 420

	% Daily Value*
Total Fat 20g	26%
Saturated Fat 10g	52%
Trans Fat 0g	
Cholesterol 35mg	12%
Sodium 1200mg	52%
Total Carbohydrate 48g	17%
Dietary Fiber 3g	9%
Total Sugars 2g	
Includes 0g Added Sugars	0%
Protein 12g	
Vitamin D 0.1mcg	0%
Calcium 200mg	15%
Iron 3.4mg	20%
Potassium 170mg	4%

*The % Daily Value tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

Calories per gram:
Fat 9 • Carbohydrate 4 • Protein 4