



Athenian Foods

# SPINACH PUFF 3oz (SPANAKOPITA)

**SPINACH PUFF PASTRY - A COMBINATION OF SPINACH, FETA CHEESE AND SPICES WRAPPED IN A FLAKY FILO DOUGH**



**SPECIFICATIONS:**

ITEM NUMBER: 002105 (72 ct)  
 MEAT TYPE: N/A  
 PACK SIZE: 3 TRAYS OF 24-3 OZ PIECES

CASE SIZE: 13.5in x 18in x 4.25in  
 NET WT.: 3 OZ – 12 LBS  
 SHIP WT.: 3 OZ – 13.5 LBS  
 CUBE: .60 CU.FT.  
 PALLET CAPACITY: 70 CASES

**INGREDIENT STATEMENT:**

FILO (ENRICHED NON-BROMINE BLEACHED FLOUR [BLEACHED WHEAT FLOUR, NIACIN, IRON, THIAMIN MONONITRATE, RIBOFLAVIN, FOLIC ACID], WATER, CORN STARCH, DEXTROSE, MALTODEXTRIN, WHEAT GLUTEN, SALT, CANOLA OIL, PRESERVATIVES [CALCIUM AND/OR SODIUM PROPIONATE, POTASSIUM SORBATE])CHOPPED SPINACH, DICED ONIONS, FETA CHEESE (MADE FROM PASTEURIZED MILK, SALT, CHEESE CULTURE AND ENZYMES), VEGETABLE OIL (100% CANOLA OIL), PALM-SOY AP SHORTENING (NON-HYDROGENATED PALM AND SOYBEAN OILS), LIQUID WHOLE EGGS (CITRIC ACID ADDED TO PRESERVE COLOR), CAKE FLOUR (BLEACHED WHEAT FLOUR), BREADCRUMBS [FLOUR (UNBLEACHED WHEAT FLOUR, BARLEY MALT), WATER, YEAST, SALT, SUGAR], DILL, SALT, PARSLEY, BLACK PEPPER.

**CONTAINS: MILK, WHEAT AND EGGS.**

SHIP: **FROZEN**  
 STORAGE: **FROZEN**  
 SHELF LIFE: **FROZEN: 12 MONTHS**

**LOT CODE SYSTEM: JULIAN CODE**

THE FIRST FOUR DIGITS OF THE CODE WILL GIVE YOU THE DATE THE PRODUCT WAS MANUFACTURED. THE FIRST DIGIT REPRESENTS THE LAST DIGIT OF THE YEAR. THE NEXT THREE NUMBERS REPRESENT THE DAY OF THE YEAR.

EXAMPLE: LOT CODE # 25121 = MAY 01, 2025

THE FIRST NUMBERS "25" ARE THE LAST NUMBERS OF THE YEAR 2025. THE NEXT THREE NUMBERS "121" CORRESPONDS TO MAY 01 BEING THE 121 DAY OF THE YEAR.

## Nutrition Facts

72 servings per container  
Serving Size 3 oz (85g)

Amount per serving  
**Calories 310**

	% Daily Value*
<b>Total Fat 8g</b>	<b>10%</b>
Saturated Fat 4g	19%
Trans Fat 0g	
<b>Cholesterol 15mg</b>	<b>4%</b>
<b>Sodium 450mg</b>	<b>20%</b>
<b>Total Carbohydrate 18g</b>	<b>7%</b>
Dietary Fiber 1g	3%
Total Sugars 1g	
Includes 0g Added Sugars	0%
<b>Protein 5g</b>	
Vitamin D 0mcg	0%
Calcium 70mg	6%
Iron 1.3mg	8%
Potassium 80mg	2%

\*The % Daily Value tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

Calories per gram:  
Fat 9 • Carbohydrate 4 • Protein 4